



gospel

Mt 5:13-16

Jesus said to his disciples:

“You are the salt of the earth. But if salt loses its taste, with what can it be seasoned? It is no longer good for anything but to be thrown out and trampled underfoot.

You are the light of the world. A city set on a mountain cannot be hidden.

Nor do they light a lamp and then put it under a bushel basket; it is set on a lampstand, where it gives light to all in the house.

Just so, your light must shine before others, that they may see your good deeds and glorify your heavenly Father.”

reflection

Today, when we describe a person as being the ‘salt of the earth’ it’s generally meant in a way that says the person is hard working, straight talking and pretty down to earth. It’s usually meant as a compliment but sometimes can come across as a bit condescending when used inappropriately. When Jesus tells the disciples that they are salt of the earth and the light of the world he is really saying ‘You are to be the salt of the earth; you are to be the light of the world.’ It is more of a directive than an affirmation of them.

Today’s first reading from Isaiah helps to shed light on Jesus’ meaning in the gospel passage: “Share your bread with the hungry, and shelter the homeless poor, clothe the man you see to be naked and turn not from your own kin. Then will your light shine like the dawn.” It sounds a lot like the message from the last judgement in Matthew 25 when the king says “whatever you did for one of these least brothers of mine, you did for me.” It’s a message of justice and right relationship not only with God but with one another also.

To be salt of the earth and light of the world means to be the one who puts their hand up and steps forward to speak for, work for and act for those who are the least in this world. To have the potential and resources to be a force for good in the world and not act on it is to be like salt that’s used for salting the streets or a lamp that’s under a tub.

scriptural context

Following blessings

Today’s gospel passage is one that is quite commonly quoted and relatively well known. When it is taken in isolation, it’s very easy to forget that these words immediately follow the Beatitudes that we heard in last week’s gospel. The imperative for justice in the images of salt and light of the world becomes even clearer when we remember that these words follow the blessings on those who are poor; who mourn; who are merciful and fight for justice. Jesus has blessed all these who are least in the world and then charges the disciples to be salt and light for them.



Have you thought?

Affirmation or Challenge

The salt and light of the world passage is often used to affirm and encourage, but when Jesus tells his disciples – and us – to be salt and light of the world it is not so that they can draw attention and glory to themselves. The whole purpose of being salt and light is to lead others into right relationship with one another and with God. Whilst the translation we have clearly states that disciples are to be salt and light of the world, it is just as clear that the intention is that they/we be salt and light for the world.

- Q Which phrase from today’s gospel or idea from the gospel reflection capture your attention?
- Q How would you describe what it means to be salt of the earth or light of the world?
- Q What can you do to be salt and light – an example – for others?
- Q Who do you know personally that you would describe as a light for others?